

Original Paper

Effectiveness of rhythmic games on social skills of children with attention deficit hyperactive disorder

Soleimany Adriany S (M.A)*¹, Sadeghi Hosniye AH (M.A)², Zerehpoush A (M.A)³
Rabie M (Ph.D)⁴, Abedi A (Ph.D)⁵, Esmaeeli S (M.A)⁶

¹M.A in Psychology, Department of Psychology, Khorasgan Branch, Islamic Azad University, Isfahan, Iran. ²M.A in Counseling, University of Isfahan, Isfahan, Iran. ³M.A in Psychology, University of Isfahan, Isfahan, Iran. ⁴Assistant Professor, Department of Psychology, Baqiyatallah University of Medical Sciences, Tehran, Iran. ⁵Assistant Professor, Department of Psychology, Faculty of Psychologic and Education Scinece, University of Isfahan, Isfahan, Iran. ⁶M.A in Psychology, University of Shahid Beheshti, Isfahan, Iran.

Abstract

Background and Objective: Attention deficit hyperactive disorder (ADHD) is commnest psychological disorders in children. This study was done to evaluate the effectiveness of rhythmic games on social skills of children with ADHD.

Methods: In this quasi -experimental study with pretest, post test and follow up with control group, 30 boys student with ADHD were non-randomly divided into the two groups. Conners rating scale and social skills checklist were used.

Results: Social skills significantly increased in ADHD students and this effectiveness continued in follow up stage ($P < 0.05$).

Conclusion: Play therapy is effective on social skills of children with ADHD.

Keywords: Attention deficit hyperactive disorder, Social skills, Rhythmic games

* **Corresponding Author:** Soleimany S (M.A), E-mail: so.soleimany@yahoo.com

Received 1 Nov 2014

Revised 3 Aug 2015

Accepted 6 Jan 2016